

equal  hope



COVID-19 TESTING

Getting tested is one way to help stop the spread of COVID-19 and also saves lives!

WHEN TO GET TESTED

- At least 5 days after being in close contact with someone who has it or may have it
- Before gatherings or public events
- Before and after traveling
- If you're having symptoms

UNDERSTANDING YOUR RESULTS

- A positive test means you have COVID-19
- A negative test means you may not have COVID-19*

**If you have symptoms but tested negative, you may have another illness or tested too soon. Follow up with your doctor.*

WHERE TO GET TESTS

- Pharmacies
- Community-based testing sites
- Order through [USPS's website](#)

