equal 📥 hope

COVID-19 BASICS

WHAT IS COVID-19?

It is an infectious disease that spreads mainly from person to person. Here are a few ways:



Coughing



Sneezing

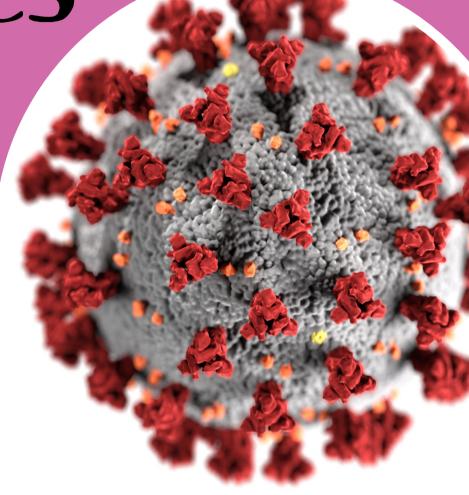


Talking



Crowded spaces

Some people who are infected may not have any symptoms but can still spread COVID-19. For people who have symptoms, illness can be mild to severe.



WHO IS MORE LIKELY TO

GET REALLY SICK?

Adults ages 65 years and older and people of any age with long-term illnesses or weakened immune systems have a higher chance. Speak with your doctor about your concerns.