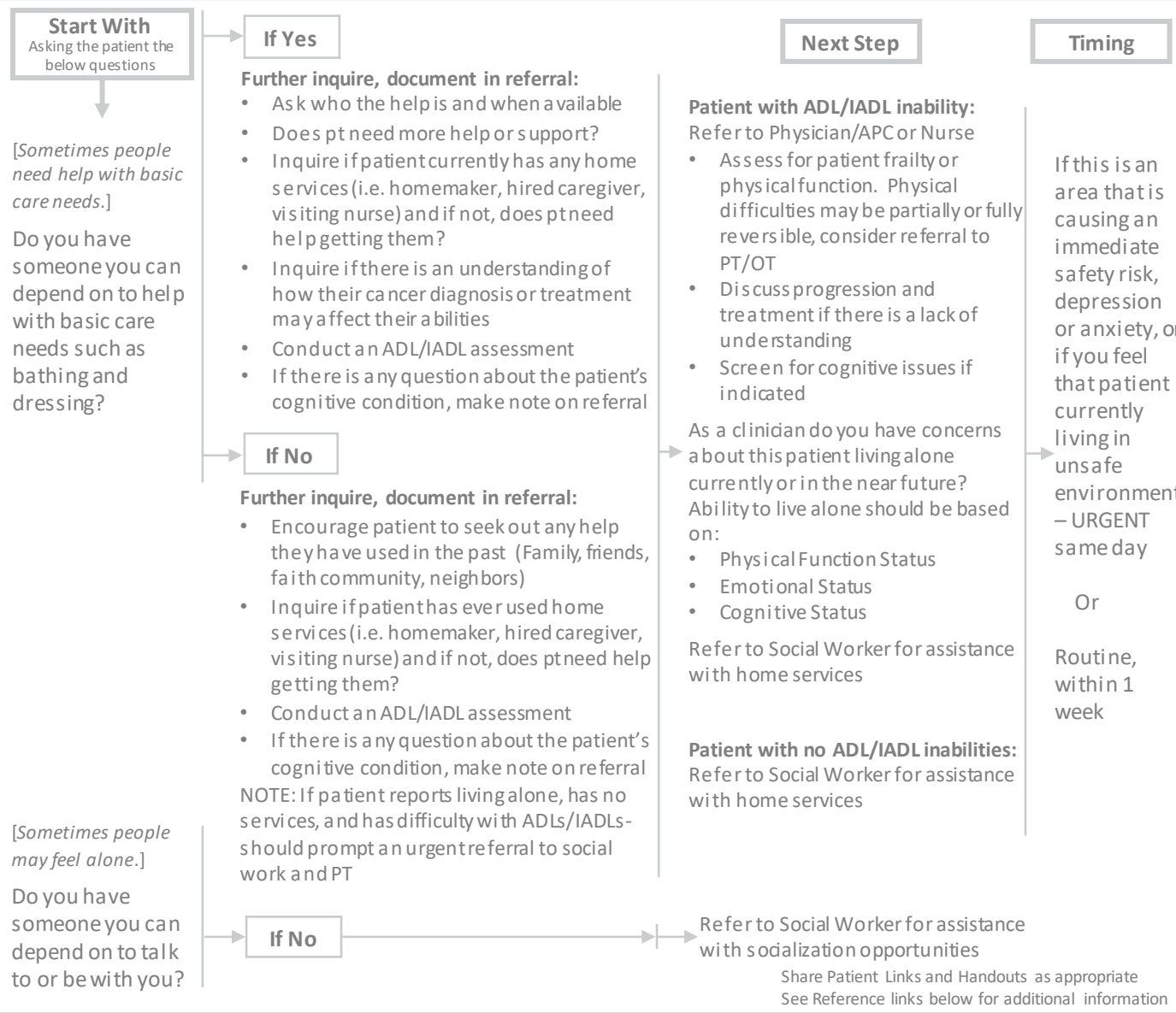


# Clinician Follow Up Reference for Supportive Care

## Practical Concerns – “YES” to “I live alone”



### Notes

**Any Stage** – Patients at any stage may need services if living alone. Conducting a ADL/IADL assessment will help indicate if there is enough help or a need of help. Medication adherence or transportation (See Follow Up Reference to “Transportation” concerns for guidance) issues may need addressing. May have financial issues paying for services if low income or getting services from Department of Aging.

**Stage IV** – Several stage IV cancers qualify under compassionate allowances for quickly obtaining Social Security Disability Insurance or Supplemental Security Income programs, which could have pay for home care services.

**Geriatric** - Geriatric sub-team discussing clinician guidance for physical frailty and function assessment, info to follow.

### Patient Links and Handouts:

- [Coping With Cancer When You're On Your Own: How to Get the Support You Need](#)
- [American Cancer Society. Patient Programs and Services](#)
- [Cancer Support Community](#)
- [Little Brothers, Friends of the Elderly®](#)

**CSOC Patient Handout can be accessed at:**  
<http://cancer-help.me/self-help>

### References:

- Lawton, M.P., and Brody, E.M. “Assessment of older people: Self-maintaining and instrumental activities of daily living.” *Gerontologist* 9:179- 186, (1969).
- Andersen BL, DeRubeis RJ, Berman BS, Gruman J, Champion VL, Massie MJ, Holland JC, Partridge AH, Bak K, Somerfield MR, Rowland JH, American Society of Clinical Oncology. Screening, assessment, and care of anxiety and depressive symptoms in adults with cancer: an American Society of Clinical Oncology guideline adaptation. *J Clin Oncol.* 2014 May 20;32(15):1605-19. [87 references] PubMed“