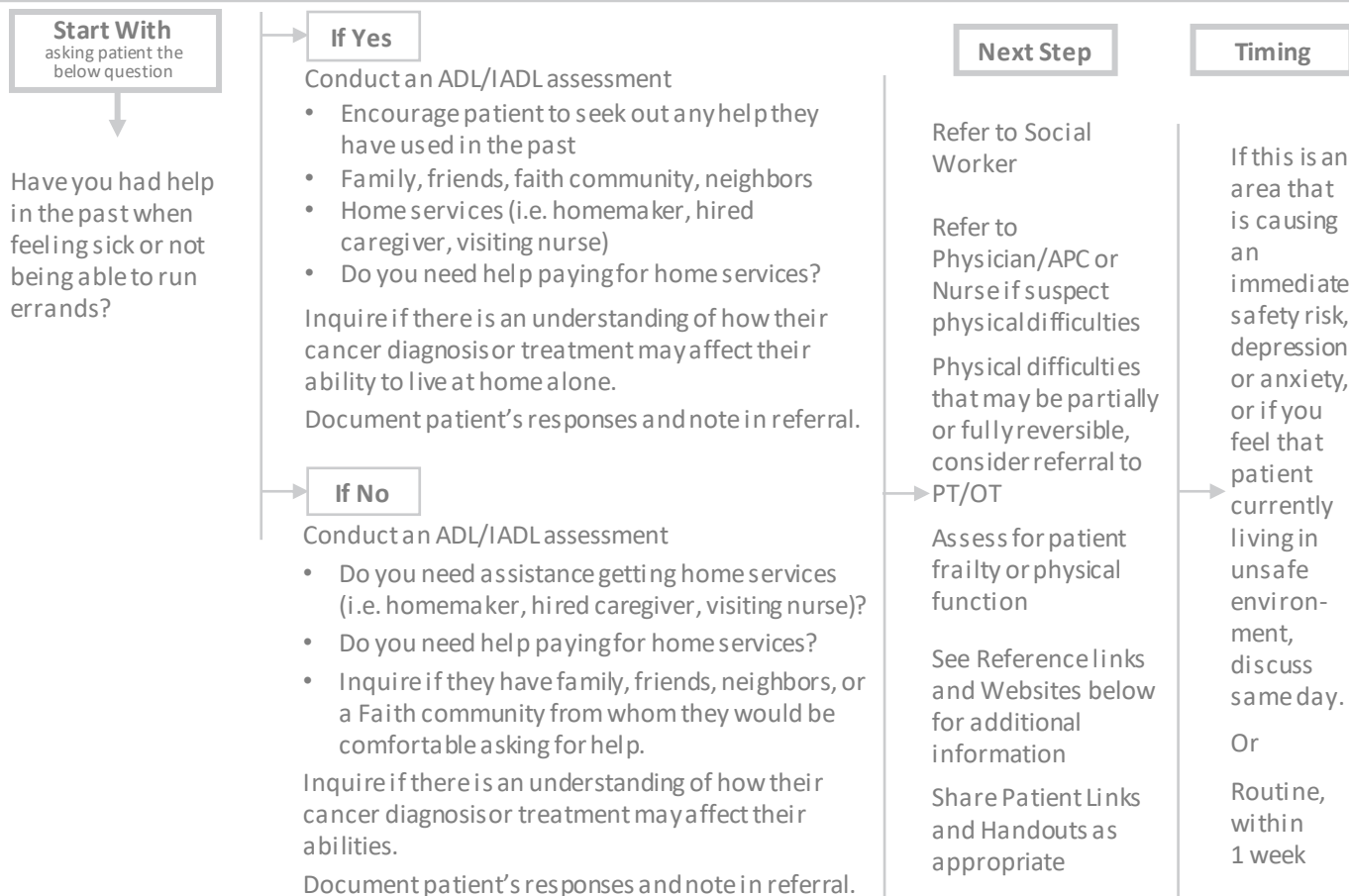


Clinician Follow Up Reference for Supportive Care

Self Care Concerns –

“YES” to any having someone available to help if...



Notes

Any Stage – Patients at any stage may need help. Needing assistance may arise as a result of treatment. Financial issues may be a barrier to getting services, offer any assistance available i.e., low income or already getting services from Department of Aging.

Patients may need guidance asking for help. “Do you need help asking for help?” Provide prompts to educate the pt on how to ask for help “you’ve offered to help, could you _____?” Role plays a possible tool to help.

Stage IV – Several stage IV cancers qualify under compassionate allowances for quickly obtaining Social Security Disability Insurance or Supplemental Security Income programs which could help pay for home care services.

Geriatric - Geriatric sub-team discussing clinician guidance for screening, info to follow. Local Senior Citizen’s Centers may have social workers who could have helpful resources.

Patient Links and Handouts:

- [CancerCare.Coping With Cancer When You’re On Your Own](#)
- [American Cancer Society. Patient Programs and Services](#)
- [Cancer Support Community](#)
- [Family Caregiver Alliance®](#)
- [Ill Dept of Human Services. Home Services](#)
- [The Catholic Charities](#)
- [CulinaryCare](#)
- [Care.com](#)

CSOC Patient Handout can be accessed at:
<http://cancer-help.me/self-help>

References:

- [Screening, assessment, and care of anxiety and depressive symptoms in adults with cancer: an American Society of Clinical Oncology guideline adaptation.](#)
Andersen BL, DeRubeis RJ, Berman BS, Gruman J, Champion VL, Massie MJ, Holland JC, Partridge AH, Bak K, Somerfield MR, Rowland JH, American Society of Clinical Oncology. Screening, assessment, and care of anxiety and depressive symptoms in adults with cancer: an American Society of Clinical Oncology guideline adaptation. J Clin Oncol. 2014 May 20;32(15):1605-19. [87 references]

Websites for communicating, help and support

- | | |
|--|------------------------------------|
| ➤ My Cancer Circle | ➤ Take them a meal |
| ➤ CaringBridge | ➤ Meal train |
| ➤ CaringBridge (Spanish) | ➤ PostHope |
| ➤ Lotsa Helping Hands | ➤ MyLifeLine |