

Help Needed with Hospital Materials and/or Medical Forms

Online version with active resource links at:
<http://cancer-help.me/reading-understanding>

When you need help understanding ask:

1. What is my main problem?
2. What do I need to do?
3. Why is it important for me to do this?

Discuss who can help you with the materials and medical forms: family, friends, caregivers, hospital staff.

Try to have someone with you when you go to the hospital or doctor appointments.

The person with you, or you if you are alone, should always **take some notes** or write down information given. You can also ask for patient handouts or resources, printed or online.

Be sure that all of your questions are answered.

- Ask for a different explanation if you are unclear of any information given.
- If you have any additional questions regarding your main problem and what to do about it, please ask.

If you want help, ask to speak with a social worker who may be able to help you.

Content adapted from websites below.

Local Organizations providing support for anyone impacted by cancer:

Cancer Wellness Center	Northern Suburbs	Cancerwellness.org	847-509-9595	Programas en Español
Gilda's Club Chicago	Chicago	Gildasclubchicago.org	312-464-9900	Programas en Español
Living Well Cancer Resource Center	Far West Suburbs	Livingwellcrc.org	630-262-1111	
The Cancer Support Center	South Suburbs	CancerSupportCenter.org	708-798-9171	
Wellness House in Chicago	Northwest & West Suburbs	Wellnesshouse.org	630-323-5150	

Access an interactive map of these local resources at: <http://cancer-help.me/communitycancerresourcecenters>

Resources for Additional Information:

- [Ask Me 3™ Video](#)
- [NCCN Patient and Caregiver Resources](#)
- [Cancer.Net. Navigating Cancer Care](#)
- [CancerCare.org. Ways to Improve Communication with Your Health Care Team](#)

Recursos en Español:

- [American Cancer Society. Tratamiento y apoyo](#)
- [CancerCare.org. ¿Doctor, podemos hablar?: Consejos para comunicarse con su médico](#)