

If you are newly diagnosed with cancer, you may be having a range of different feelings right now and feeling life is out of your control. As you go through treatment, you may have a range of side effects and health challenges that you need help with.

Visit equalhope.org to see the resources we have for patients like you!



About Us

Equal Hope's mission is to save lives by empowering people with the resources they need.

We believe that everyone deserves the best chance possible of surviving cancer.

Self Management Tools

Search through our list of patient handout resources to learn more about getting help for and addressing your needs and concerns.

Breast Cancer / Distress / Family Care and Caregiver Concerns

Miscellaneous Cancer Support Information / Nutritional Concerns

Physical Activity / Practical Concerns / Side Effects/Physical Concerns

Spiritual Concerns / Understanding Cancer and the Treatment

Support Resources

Check out our searchable resource lists maintained by reputable cancer support organizations and see what they can offer patients.

American Cancer Society ☐ Findhelp.org ☐

CancerCare Helping Hand
Patient Advocate Foundation